

# HOW TO

## *get out of domestic violence*

### **1-GET HELP IN YOUR LANGUAGE**

Dial the number 17 where an interpreter will be assigned to your call. You can chat with the police in your own language at:  
[www.arretonslesviolences.gouv.fr](http://www.arretonslesviolences.gouv.fr).

### **2- PRESS CHARGES**

Go to any police station and ask to file a complaint. it is recommended to provide any evidence (ie. pictures of injuries, text messages, testimonies..).



### **3- REQUEST AN EMERGENCY PROTECTION ORDER**

Ask a court to decide on a temporary restraining order or that your spouse or partner (or ex partner) be excluded from the family home on an urgent basis in the situation of family violence. The court can take a temporary decision on child custody.

### **3- RENEW YOUR RESIDENCE PERMIT**

Non-French women victims of domestic violence that have been granted a residence permit through marriage or partnership can request a new permit even if the relationship ends..